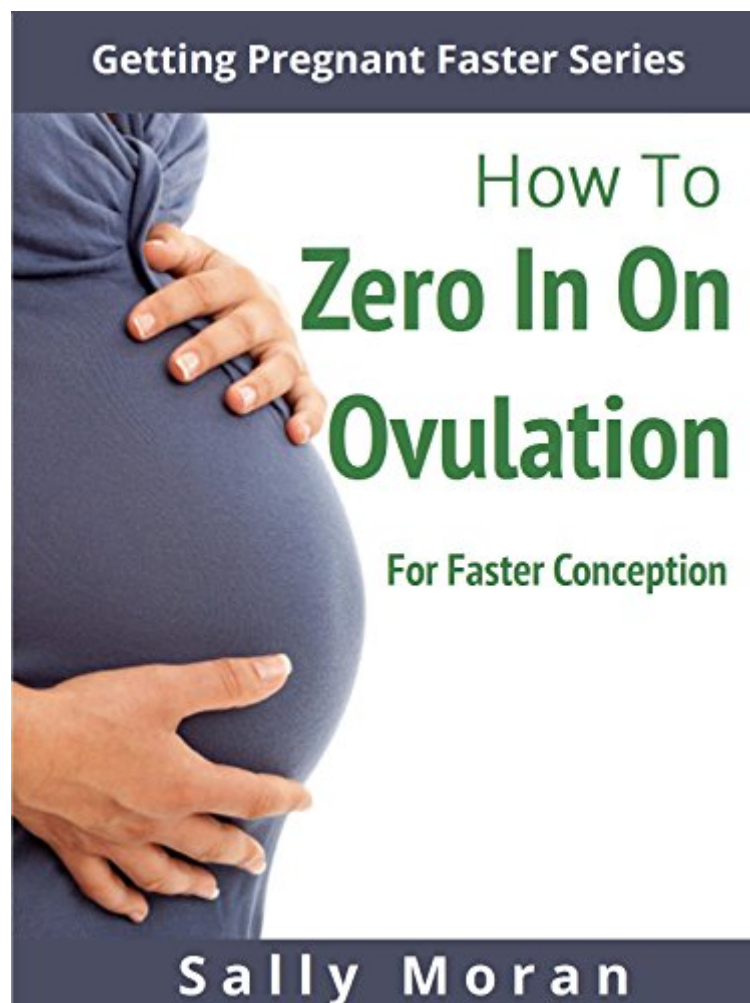




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# Getting Pregnant Faster: How To Zero In On Ovulation For Faster Conception



## Synopsis

Want to know WHEN you're ovulating & WHEN to have baby-making intercourse? This fertility guide will show you ALL ABOUT IT! TIMING IS EVERYTHING! Many women struggle to understand when their most fertile time of month is and when to have baby-making intercourse. It shouldn't be rocket science - and we should know this stuff - but we were never taught! Timing is very important. Knowing your own body and your own cycle is very important. Utilizing every tool at your disposal is very important. In this book, you will learn ALL about the different methods of determining ovulation, what can delay ovulation, what herbs help promote ovulation or cervical fluid, symptoms of ovulation, problems with ovulation (including PCOS and luteal phase defect), the effects of using Clomid or Femara, and much more. Plus, bonus sections on male infertility, baby gender selection, and frequently asked ovulation questions.

**Benefits:** Learn why "wetter" is better and why most women get their sex timing wrong. The best ovulation herbs for improving ovulation and fertility. Fully understanding the tools for ovulation detection - one of the methods alone will clue you in on so many details of your cycle. OPKs - Do you need them? Are they effective? What type is best for PCOS? One-of-a-kind tips for other "advanced age" women (like me). Is your man fertile? Simple steps to find out (with less embarrassment for him). PCOS and luteal phase defect and what natural methods can help improve fertility and ovulation detection. Artificial methods - pro and cons and plus alternative natural treatments. PLUS - Does stress matter? Does it matter what you eat? Plus disturbing or "dangerous" ovulation symptoms exposed. And Much More!

**Testimonials:** "This book is full of great information for couples that are trying to conceive. Sally has explained the common 'getting pregnant' myths and provided clear answers for them. More importantly, she has given couples a clear game plan on how to bring that new little bundle of joy into their families quicker! ... Read this book if you want to increase your chances of starting or adding to your family." - Lisa R., Mom of 2 boys

"Sally delves into everything you need to know about ovulation in a sensitive and caring way. This book is thorough and professional, to the point, and easy to understand." - Holly B., mom of 3 and author of [www.frugal-living-now.com](http://www.frugal-living-now.com)

"This book is clear and concise. An excellent resource for anyone wanting to understand their ovulation better in order to be able to take control of their own fertility." - September, Mom of 4 and author of [www.4MonthstoFertile.com](http://www.4MonthstoFertile.com)

**FROM THE AUTHOR:** I'm Sally - the author of this book ... And I struggled just like you with all the aspects of getting pregnant ... I thought it would happen right away, but it didn't. And when it finally did - it ended in a heart-breaking miscarriage ... then a second miscarriage. I NEEDED ANSWERS! I found

the answers I needed and finally conceived my first son at age 39 and my second son at age 41 - both naturally and both pregnancies without complications. I am committed to sharing what I learned along the way with other women just like you who are struggling to get pregnant. Be On Your Way To Getting Pregnant Faster Today - Simply scroll up & Click the Buy button & Download Your Copy of "How To Zero In On Ovulation!"-----Tags: getting pregnant, getting pregnant faster, getting pregnant fast, fertility cycles and nutrition, fertility books, fertility and conception, fertility for beginners, getting pregnant after 40, fertility, fertility diet, get pregnant fast, get pregna

## Book Information

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## Customer Reviews

This book is a must read for anyone who is struggling with fertility issues. The author writes in a clear and friendly style, and has informative ideas on how to improve your chances of getting pregnant. I found the author's tone compassionate and understanding, which I figured was most likely from having gone through miscarriages herself. I really appreciated the bonus area which gives answers to common questions (some questions that a woman may find difficult to ask her doctor). I will definitely recommend this book to my friends trying to conceive a

baby.

Zero In On Ovulation is a helpful book for those who want to get pregnant and are interested in a more natural approach. I have read lots of books about fertility and was already very knowledgeable. What I was most interested in was Chapter 4. In this chapter, the author discusses which herbs help with ovulation and fertility. However, I wasn't confident with just the information she shared to confidently begin taking those herbs without more research. Information that I wish she had included and discussed: 1. Recommendations for how much to take (dosage) for ALL herbs mentioned or guidance with how to determine the dosage 2. More guidance with how to decide which herbs to take since many seem to help with overlapping issues 3. Is it okay to take all of these herbs together? 4. Which herbs work best together? 5. What about taking these herbs in pill form rather than as a tea or infusion for those who prefer convenience? Otherwise, this is a good starting book for someone who is just beginning to learn about ovulation and fertility.

Helpful book with tips and product recommendations. Nothing new for me, as I've been researching heavily to treat my infertility for the past 3 months, but this is a good reference.

This book had so much good info that no one told me until I took advanced college health classes. Definitely worth the read if you are trying to get pregnant and don't know where to start.

Well, this book has info my mother should have shared with me growing up (but she probably didn't know it herself :o). I now realize that knowing when you ovulate is one of the most important things in understanding when your body will conceive. From ALL the things I have read that are "important" to know in having your body prepared to get pregnant, I believe this is the very foundation to realizing the physical things taking place in my body leading up to conception. Good section on men's infertility too. Thank you author for taking the time to lay this info out the way you did - this is a definite help for me!

Thought it was really good. It's not a very long book but it is very, very helpful if you want to go the natural route and are not an expert. Yes it repeats stuff time and time again but that helps it to sink in and the advice on herbs is very interesting. I would recommend it.

I thoroughly enjoyed reading this informative book. Sally's approach is concise and straight forward.

I definitely recommend this book to anyone wanting to learn more about their cycle and how to use it to aid in conception.

There was quite a bit of really good and useful information in here! I enjoyed how Sally the author writes, making you feel as if she is a friend.

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